

Bib	Name	AG	Club	Avg Time	Start Time
League					
205	Carol Stephenson	F45	Pocklington Runners	1:20:00	19:00:00
201	Jane Jackson	F35	Pocklington Runners	1:20:00	19:00:00
412	Clare Potts	F	Pocklington Runners	1:20:00	19:00:00
200	Rachel Pickering	F35	Pocklington Runners	1:20:00	19:00:00
409	Susan Adams	F65	York Knavesmire Harriers	1:15:39	19:00:00
410	Paul Adams	M60	York Knavesmire Harriers	1:14:40	19:00:00
544	Catherine Skinner	F55	Easingwold Running Club	1:13:16	19:00:00
356	Kim Middleton	F55	York Knavesmire Harriers	1:12:29	19:00:00
609	Andrew Stoneham	M40	City of York AC	1:11:49	19:00:00
626	Emma Garratt	F35	York Knavesmire Harriers	1:09:58	19:00:00
214	Kat Smith	F35	Pickering Running Club	1:09:50	19:00:30
310	Liz Piper	F65	York Knavesmire Harriers	1:09:44	19:00:30
505	Deborah Kerr	F	York Knavesmire Harriers	1:09:44	19:00:30
49	Dean Wise	M60	Pickering Running Club	1:09:26	19:00:30
237	Paul Firth	M40	Selby Striders	1:08:07	19:00:30
663	Julie Rookes	F35	York Knavesmire Harriers	1:08:02	19:00:30
22	Pamela Farrell	F55	Pocklington Runners	1:08:01	19:00:30
76	Neil Russell	M60	Selby Striders	1:07:56	19:00:30
213	Francesca Robinson	F	Pocklington Runners	1:07:39	19:00:30
206	Kim Page	F35	Pocklington Runners	1:07:27	19:00:30
483	Kimberley Raper	F	Pocklington Runners	1:07:17	19:01:00
230	Jane Hopwood	F45	Selby Striders	1:07:00	19:01:00
599	Heather Bulmer	F55	York Postal Harriers	1:06:43	19:01:00
296	Richard Anderson	M60	York Knavesmire Harriers	1:06:37	19:01:00
302	Christopher Watson	M	York Triathlon Club	1:06:36	19:01:00
436	Ray French	M60	Easingwold Running Club	1:06:32	19:01:00
517	Katherine Dunkerley	F45	Selby Striders	1:06:21	19:01:00
462	Lisa Ellwood	F45	York Postal Harriers	1:05:54	19:01:00
461	Andrew Ellwood	M50	York Postal Harriers	1:05:49	19:01:00
428	Kenneth Tinker	M60	York Knavesmire Harriers	1:05:48	19:01:00
258	Lucy Buykx	F45	York Triathlon Club	1:05:33	19:01:30
288	Mike Punchard	M60	Pickering Running Club	1:05:09	19:01:30
211	Kate Boyd	F45	Pocklington Runners	1:04:29	19:01:30
274	Natalie Gobbi	F	Easingwold Running Club	1:04:12	19:01:30
85	Debra Crosland	F45	Selby Striders	1:03:58	19:01:30
316	Gillian Kellett	F55	Selby Striders	1:03:55	19:01:30
125	Sarah Mason	F45	Selby Striders	1:03:50	19:01:30
224	Samantha Lyth	F45	York Knavesmire Harriers	1:03:37	19:01:30
345	Karen Rayner	F45	Easingwold Running Club	1:03:00	19:01:30
371	Richard Millican	M70	Tadcaster Harriers	1:02:52	19:01:30
235	David Foster	M60	Tadcaster Harriers	1:02:47	19:01:00
325	Eryl Andrew	F55	Easingwold Running Club	1:02:24	19:02:00
218	Jonathan Champion	M	York Knavesmire Harriers	1:02:07	19:02:00
17	Daisy Horsley	F35	Pocklington Runners	1:01:57	19:02:00
5	Zoe Hughes	F	Pocklington Runners	1:01:50	19:02:00
207	Stephanie Marshall	F45	Pocklington Runners	1:01:36	19:02:00

521	Dick Hunter	M70	York Knavesmire Harriers	1:01:35	19:02:00
97	Shirley Tyrrell	F55	Pickering Running Club	1:01:33	19:02:00
342	Sally Brown	F55	Pickering Running Club	1:01:25	19:02:00
80	Edwina Wilcox	F45	York Knavesmire Harriers	1:01:24	19:02:00
263	Jen Richmond	F	Selby Striders	1:01:16	19:02:30
84	Jan Kelly	F45	Tadcaster Harriers	1:01:16	19:02:30
354	Ian Bithell	M70	York Knavesmire Harriers	1:01:10	19:02:30
108	Karen Newton	F55	Easingwold Running Club	1:01:03	19:02:30
297	Pam Anderson	F55	York Knavesmire Harriers	1:00:54	19:02:30
591	Rachel White	F45	Selby Striders	1:00:51	19:02:30
127	Mark Hobson	M50	Tadcaster Harriers	1:00:49	19:02:30
133	Helen Metcalfe	F35	York Knavesmire Harriers	1:00:27	19:02:30
158	Pam Garnett	F55	Pickering Running Club	1:00:19	19:02:30
52	Rachel Dare	F45	Pocklington Runners	1:00:06	19:02:30
326	Paul Callaghan	M40	Selby Striders	0:59:58	19:03:00
250	Lindsey Hugill	F45	Selby Striders	0:59:58	19:03:00
27	Lynette Banks	F45	York Knavesmire Harriers	0:59:58	19:03:00
348	Lizzie Kershaw	F35	York Triathlon Club	0:59:52	19:03:00
498	Sharon Watt	F35	Pocklington Runners	0:59:33	19:03:00
377	Becky Hall	F35	Easingwold Running Club	0:59:33	19:03:00
324	Wendy Ormsby	F55	Selby Striders	0:59:30	19:03:00
500	Helen Bowerman	F45	City of York AC	0:59:26	19:03:00
419	Camilla Grayley	F35	York Knavesmire Harriers	0:59:22	19:03:00
637	Catherine Turnbull	F35	York Knavesmire Harriers	0:59:11	19:03:00
38	Clare Chappell	F35	Pocklington Runners	0:59:05	19:03:30
14	Jane Lawson	F45	York Acorn Running Club	0:59:03	19:03:30
93	Kathryn Taylor	F65	Pocklington Runners	0:58:45	19:03:30
121	Tracey Yeomans	F45	York Postal Harriers	0:58:29	19:03:30
62	Gail Jamieson	F45	Tadcaster Harriers	0:58:26	19:03:30
189	Jane Maloney	F55	Easingwold Running Club	0:58:21	19:03:30
317	David Kellett	M60	Selby Striders	0:58:20	19:03:30
68	Karen Ball	F35	York Knavesmire Harriers	0:58:18	19:03:30
2	Richard Yeomans	M40	York Knavesmire Harriers	0:58:15	19:03:30
362	Christopher Harrison	M	York Knavesmire Harriers	0:58:12	19:03:30
433	Ian Wilcock	M60	City of York AC	0:58:06	19:04:00
42	Laura Macaulay	F35	Tadcaster Harriers	0:58:02	19:04:00
532	Andrea Whitehead	F35	Selby Striders	0:57:58	19:04:00
262	Natalie Jackson	F	Selby Striders	0:57:48	19:04:00
482	Fliss Bird	F	Pocklington Runners	0:57:48	19:04:00
357	Calum Cogan	M	York Knavesmire Harriers	0:57:42	19:04:00
555	Jane Marshall	F45	York Acorn Running Club	0:57:37	19:04:00
437	Sally-Anne Lardner	F55	Easingwold Running Club	0:57:28	19:04:00
50	Nicola Wise	F55	Pickering Running Club	0:57:28	19:04:00
560	Deborah Mason	F45	York Knavesmire Harriers	0:57:22	19:04:00
454	Martin Smith	M50	York Knavesmire Harriers	0:57:21	19:04:30
210	Jason Minto	M40	Pocklington Runners	0:57:19	19:04:30
286	Pam Johnson	F35	Easingwold Running Club	0:57:09	19:04:30
391	Carolyn Jolley	F35	Tadcaster Harriers	0:57:04	19:04:30

671	Michael Tasker	M70	York Acorn Running Club	0:57:04	19:04:30
71	Sue Jannati	F55	Tadcaster Harriers	0:57:00	19:04:30
469	David Bygrave	M50	York Knavesmire Harriers	0:56:49	19:04:30
57	Paula Kelly	F35	York Knavesmire Harriers	0:56:42	19:04:30
82	Gillian Johnson	F45	Tadcaster Harriers	0:56:31	19:04:30
283	Jennifer Wise	F	Pickering Running Club	0:56:31	19:04:30
576	Nicola Clements	F35	York Knavesmire Harriers	0:56:30	19:05:00
647	Alice Williams	F	Easingwold Running Club	0:56:28	19:05:00
15	Sarah Wilby	F45	Pocklington Runners	0:56:24	19:05:00
358	Sue Tennant	F55	Tadcaster Harriers	0:56:17	19:05:00
284	Keith Smith	M40	Tadcaster Harriers	0:56:13	19:05:00
180	Charlotte Harrison	F45	York Knavesmire Harriers	0:56:11	19:05:00
267	Fiona Headley	F45	Selby Striders	0:56:04	19:05:00
350	Peter Fox	M50	Selby Striders	0:55:55	19:05:00
295	Danny Sampson	M40	York Knavesmire Harriers	0:55:51	19:05:00
642	David Paver	M60	City of York AC	0:55:48	19:05:00
109	Philippa Hutton	F55	Easingwold Running Club	0:55:46	19:05:30
545	Simon Polkey	M40	York Knavesmire Harriers	0:55:42	19:05:30
614	Jeff Wright	M40	City of York AC	0:55:30	19:05:30
349	Victoria Burge	F35	York Knavesmire Harriers	0:55:30	19:05:30
434	Mark Fennell	M40	York Knavesmire Harriers	0:55:24	19:05:30
638	Helen Durrant	F35	York Triathlon Club	0:55:17	19:05:30
269	Elizabeth Chambers	F35	Easingwold Running Club	0:55:10	19:05:30
193	Tracey Holden	F45	Pocklington Runners	0:55:10	19:05:30
142	Karen Wealleans	F45	York Knavesmire Harriers	0:55:09	19:05:30
222	Nina Blake-James	F35	Pocklington Runners	0:55:07	19:05:30
271	Steph Lawson	F	Easingwold Running Club	0:55:07	19:06:00
112	Terry Bromfield	M60	York Knavesmire Harriers	0:55:05	19:06:00
661	Vivianne Fraser	F45	York Knavesmire Harriers	0:54:55	19:06:00
101	Howard Winzar	M60	York Acorn Running Club	0:54:53	19:06:00
216	Louise Walley	F	York Knavesmire Harriers	0:54:51	19:06:00
431	Chris Plumpton	M60	Selby Striders	0:54:43	19:06:00
601	Deirdre Boudierba	F45	York Postal Harriers	0:54:40	19:06:00
107	Leanne Maycock	F45	Pocklington Runners	0:54:34	19:06:00
37	Laura Robson	F	York Postal Harriers	0:54:33	19:06:00
268	Stephen Headley	M50	Selby Striders	0:54:33	19:06:00
150	Mary Farmery	F65	York Knavesmire Harriers	0:54:29	19:06:30
574	Clare Moffatt	F35	York Knavesmire Harriers	0:54:27	19:06:30
157	Laura Bennett	F	York Acorn Running Club	0:54:26	19:06:30
289	Michelle Newton	F35	Selby Striders	0:54:25	19:06:30
129	Jane Barham	F35	Pocklington Runners	0:54:25	19:06:30
323	Laura Collins	F35	Selby Striders	0:54:25	19:06:30
432	Hayley Long	F	Selby Striders	0:54:23	19:06:30
507	Andrew McKenna	M50	York Acorn Running Club	0:54:23	19:06:30
78	Nigel Taylor	M40	Selby Striders	0:54:22	19:06:30
384	Harriet Warnock	F	Pickering Running Club	0:54:22	19:06:30
87	Michael Bishop	M50	Easingwold Running Club	0:54:19	19:07:00
287	Elaine Kavanagh	F55	Tadcaster Harriers	0:54:19	19:07:00

41	Caitlin Rushby	F	York Knavesmire Harriers	0:54:19	19:07:00
509	Kevan Ford	M50	York Postal Harriers	0:54:09	19:07:00
604	John Tattersall	M60	York Acorn Running Club	0:54:06	19:07:00
128	Andrew McBurney	M50	York Triathlon Club	0:54:06	19:07:00
233	Phil Alford	M50	Selby Striders	0:54:00	19:07:00
575	Laura Kettlewell	F35	York Acorn Running Club	0:53:55	19:07:00
223	Peter Lyth	M50	York Knavesmire Harriers	0:53:54	19:07:00
231	Stephen Hopwood	M40	Selby Striders	0:53:53	19:07:00
562	Angela Shepherd	F45	York Knavesmire Harriers	0:53:51	19:07:30
272	Sarah Dixon	F45	Easingwold Running Club	0:53:51	19:07:30
73	Giles Bennett	M40	Selby Striders	0:53:49	19:07:30
381	Tim Gibson	M40	York Acorn Running Club	0:53:40	19:07:30
413	Julian Harrison	M40	York Knavesmire Harriers	0:53:38	19:07:30
417	Joanne Lock	F45	Selby Striders	0:53:32	19:07:30
674	Nicholas Stafford	M60	York Knavesmire Harriers	0:53:32	19:07:30
334	Gillian Chatham	F35	Selby Striders	0:53:31	19:07:30
166	Daniel Hodgson	M	Pickering Running Club	0:53:30	19:07:30
83	Angela Wray	F45	Tadcaster Harriers	0:53:22	19:07:30
160	Felicity Caddick	F35	Selby Striders	0:53:22	19:08:00
53	Sarah Collier	F35	Tadcaster Harriers	0:53:22	19:08:00
54	Jenny Storrie	F35	Pickering Running Club	0:53:19	19:08:00
30	Celia Mcroyall	F45	Tadcaster Harriers	0:53:18	19:08:00
537	Ian Brown	M50	York Acorn Running Club	0:53:17	19:08:00
605	Jonathan Richardson	M40	York Postal Harriers	0:53:17	19:08:00
668	John Cannan	M40	Tadcaster Harriers	0:53:15	19:08:00
588	Lee Skelton	M40	York Postal Harriers	0:53:06	19:08:00
110	Deirdre Souch	F45	York Acorn Running Club	0:53:05	19:08:00
491	Karen Clegtg	F45	Pocklington Runners	0:53:05	19:08:00
191	Debbie Rycroft	F45	Pickering Running Club	0:53:03	19:08:30
439	Matthew Thornton	M	Selby Striders	0:53:01	19:08:30
106	Tim Maycock	M40	Pocklington Runners	0:53:01	19:08:30
243	Martin Parvin	M60	York Knavesmire Harriers	0:52:59	19:08:30
184	Jane Morby	F55	York Knavesmire Harriers	0:52:58	19:08:30
582	David Main	M40	Selby Striders	0:52:57	19:08:30
31	Kate Towse	F35	Pickering Running Club	0:52:51	19:08:30
424	Neil Buckley	M60	York Triathlon Club	0:52:48	19:08:30
486	Ruth Startin	F35	Pocklington Runners	0:52:48	19:08:30
265	Doug Pearce	M40	Easingwold Running Club	0:52:45	19:08:30
446	Jane Power	F45	City of York AC	0:52:45	19:09:00
33	Carol Walmsley	F45	Tadcaster Harriers	0:52:44	19:09:00
361	Andrew McMorris	M40	York Knavesmire Harriers	0:52:41	19:09:00
179	Mark Swinden	M60	Tadcaster Harriers	0:52:40	19:09:00
351	Sarah Costello	F35	York Knavesmire Harriers	0:52:40	19:09:00
6	Alan Kendra	M50	Pocklington Runners	0:52:38	19:09:00
629	Robert Mitchell	M	York Triathlon Club	0:52:37	19:09:00
499	Sophie Swindles	F35	York Knavesmire Harriers	0:52:34	19:09:00
154	Mark Allitt	M50	Selby Striders	0:52:31	19:09:00
19	Richard Chapman	M	York Knavesmire Harriers	0:52:23	19:09:00

685	Rebecca Watson	F35	Pocklington Runners	0:52:22	19:09:30
416	Brian Perkins	M50	Pocklington Runners	0:52:21	19:09:30
481	Deborah Cahill	F45	Pocklington Runners	0:52:21	19:09:30
318	Gabriel Uttley	M50	York Knavesmire Harriers	0:52:19	19:09:30
7	David Mullaney	M50	Tadcaster Harriers	0:52:16	19:09:30
440	Rebecca Bland	F	Tadcaster Harriers	0:52:14	19:09:30
74	Rebecca McGuinness	F35	Tadcaster Harriers	0:52:14	19:09:30
394	Nick Summerton	M	Selby Striders	0:52:03	19:09:30
456	Jane Simpson	F35	Pickering Running Club	0:52:00	19:09:30
464	Rachel Gillespie	F	York Knavesmire Harriers	0:52:00	19:09:30
472	Nick Harrison	M40	York Acorn Running Club	0:51:56	19:10:00
581	Jo Barrett	F35	York Postal Harriers	0:51:56	19:10:00
586	Jenny Steele	F45	York Knavesmire Harriers	0:51:56	19:10:00
301	Anna Marshall	F35	York Knavesmire Harriers	0:51:54	19:10:00
148	Joanna Pearson	F35	Easingwold Running Club	0:51:50	19:10:00
549	David l'Anson	M70	York Knavesmire Harriers	0:51:49	19:10:00
252	Chloe Taylor	F	York Knavesmire Harriers	0:51:45	19:10:00
471	James MacDonald	M60	York Knavesmire Harriers	0:51:45	19:10:00
39	Kate Loomes	F35	York Triathlon Club	0:51:43	19:10:00
510	Jane Cowley	F55	Easingwold Running Club	0:51:39	19:10:00
277	John Kees	M40	Selby Striders	0:51:38	19:10:30
245	John Nodder	M60	York Knavesmire Harriers	0:51:37	19:10:30
559	Hayley Clough	F	York Knavesmire Harriers	0:51:36	19:10:30
119	Daniel Popa	M	Selby Striders	0:51:33	19:10:30
273	Michael Denner	M60	York Knavesmire Harriers	0:51:32	19:10:30
407	Nev Callow	M50	York Knavesmire Harriers	0:51:31	19:10:30
331	Phil Raddall	M40	York Postal Harriers	0:51:27	19:10:30
608	Graham Freer	M50	York Knavesmire Harriers	0:51:24	19:10:30
594	Dan Wyrill	M40	York Acorn Running Club	0:51:20	19:10:30
60	Richard Miller	M50	Tadcaster Harriers	0:51:19	19:10:30
404	Adrian Turner	M40	York Knavesmire Harriers	0:51:15	19:11:00
24	Neil Lawson	M50	Selby Striders	0:51:14	19:11:00
363	Laura Howe	F	York Knavesmire Harriers	0:51:14	19:11:00
36	Paul Tate-Smith	M50	Pickering Running Club	0:51:14	19:11:00
392	Jim Richards	M40	York Knavesmire Harriers	0:51:10	19:11:00
137	Heather Farrow	F55	Pickering Running Club	0:50:58	19:11:00
703	James Ollerenshaw	M40	York Knavesmire Harriers	0:50:53	19:11:00
255	Pauline Foot	F45	York Triathlon Club	0:50:53	19:11:00
659	Shelley Hughes	F	York Knavesmire Harriers	0:50:50	19:11:00
141	Stephen Daniel	M40	Easingwold Running Club	0:50:48	19:11:00
18	Jill Dowson	F55	Pocklington Runners	0:50:45	19:11:30
96	Nicola Gover	F	York Acorn Running Club	0:50:45	19:11:30
344	Emma Atkinson	F45	Easingwold Running Club	0:50:44	19:11:30
26	Emma Hartley	F35	York Knavesmire Harriers	0:50:44	19:11:30
403	Alistair McQueen	M40	York Knavesmire Harriers	0:50:43	19:11:30
115	Rebecca Moylett	F	Pocklington Runners	0:50:40	19:11:30
238	Alan Marshall	M50	Selby Striders	0:50:38	19:11:30
98	Simon Tyrrell	M60	Pickering Running Club	0:50:38	19:11:30

176	Richard Thorneycroft	M60	York Knavesmire Harriers	0:50:37	19:11:30
198	Serena Partridge	F35	Pickering Running Club	0:50:34	19:11:30
669	Nicki Husband	F	Pocklington Runners	0:50:34	19:12:00
195	Kelly Temple	F35	York Knavesmire Harriers	0:50:31	19:12:00
146	Kevin Borwell	M60	Easingwold Running Club	0:50:30	19:12:00
580	Norman Miller	M70	Tadcaster Harriers	0:50:29	19:12:00
654	Lisa Sharpe	F35	Tadcaster Harriers	0:50:25	19:12:00
280	Emma Giles	F35	Selby Striders	0:50:25	19:12:00
126	Mark Milligan	M50	York Acorn Running Club	0:50:24	19:12:00
628	Keith Hamer	M50	York Knavesmire Harriers	0:50:23	19:12:00
585	Andy Trotter	M40	York Triathlon Club	0:50:22	19:12:00
388	Toni Jenkinson	F	York Knavesmire Harriers	0:50:21	19:12:00
220	Andrew Snowball	M50	Pocklington Runners	0:50:20	19:12:30
516	Amy Bailiss	F35	York Acorn Running Club	0:50:18	19:12:30
143	Jonathon Harris-Douglas	M50	Easingwold Running Club	0:50:15	19:12:30
466	Gareth Fowler	M	York Postal Harriers	0:50:14	19:12:30
418	Peter Grayley	M50	York Knavesmire Harriers	0:50:09	19:12:30
282	Alan Wilkinson	M	York Knavesmire Harriers	0:50:06	19:12:30
528	James Carter	M40	Tadcaster Harriers	0:50:02	19:12:30
530	Simon Dixon	M40	York Knavesmire Harriers	0:50:01	19:12:30
260	Melanie Ellwood	F	York Postal Harriers	0:50:01	19:12:30
292	Sue Tindall	F45	Tadcaster Harriers	0:49:57	19:12:30
378	Steve Ford	M50	Tadcaster Harriers	0:49:52	19:13:00
138	Christopher Adams	M40	Pickering Running Club	0:49:40	19:13:00
130	Sarah Elliott	F35	York Knavesmire Harriers	0:49:39	19:13:00
662	Alexander Tobin	M	Tadcaster Harriers	0:49:33	19:13:00
677	Catherine Howell-Walmsley	F35	Easingwold Running Club	0:49:31	19:13:00
429	Kerry Archer	F35	York Triathlon Club	0:49:30	19:13:00
221	Lizzy Wise	F	Pickering Running Club	0:49:24	19:13:00
56	Jonathan Boyle	M50	York Knavesmire Harriers	0:49:22	19:13:00
246	Paul Marshall	M	York Knavesmire Harriers	0:49:20	19:13:00
114	Richard Tarren	M60	York Knavesmire Harriers	0:49:20	19:13:00
551	Kathryn Dickinson	F55	York Knavesmire Harriers	0:49:19	19:13:30
105	John Cooke	M60	Tadcaster Harriers	0:49:18	19:13:30
120	Gemma Fearnley	F35	Pickering Running Club	0:49:17	19:13:30
583	James Richardson	M40	City of York AC	0:49:15	19:13:30
173	Helen Spring	F35	York Acorn Running Club	0:49:13	19:13:30
51	Neil Gilbertson	M40	York Triathlon Club	0:49:11	19:13:30
285	Ruth Kaftirani	F	Pickering Running Club	0:49:10	19:13:30
34	John Middleton	M60	York Knavesmire Harriers	0:49:05	19:13:30
183	Adrian Thear	M50	York Knavesmire Harriers	0:49:02	19:13:30
139	Kelly Gaughan	F	Pickering Running Club	0:49:00	19:13:30
386	Maeve Saunders	F	York Knavesmire Harriers	0:48:59	19:14:00
543	Michael McGrath	M60	York Knavesmire Harriers	0:48:56	19:14:00
389	Phil Stead	M50	York Acorn Running Club	0:48:56	19:14:00
311	Robert Duxbury	M50	Tadcaster Harriers	0:48:55	19:14:00
557	Elliot Harrison	M40	York Knavesmire Harriers	0:48:45	19:14:00
414	Tony George	M50	City of York AC	0:48:44	19:14:00

281	Ellie Page	F	York Knavesmire Harriers	0:48:29	19:14:00
253	Hope Ramsden	F	York Knavesmire Harriers	0:48:29	19:14:00
90	Stephen Wilson	M40	York Knavesmire Harriers	0:48:24	19:14:00
676	James Howard	M	York Triathlon Club	0:48:24	19:14:00
309	Emily Gregg	F	Easingwold Running Club	0:48:15	19:14:30
43	Zoey Jayne Heneachon	F35	Selby Striders	0:48:11	19:14:30
438	Lewis Ryan	M50	Tadcaster Harriers	0:48:08	19:14:30
687	Andy Bonsey	M	York Knavesmire Harriers	0:48:07	19:14:30
408	Christopher Guest	M	York Postal Harriers	0:48:07	19:14:30
123	Sam Dredge	M	York Acorn Running Club	0:48:01	19:14:30
186	Joanna Millican	F35	Tadcaster Harriers	0:48:01	19:14:30
360	Joshua Williams	M	Easingwold Running Club	0:48:00	19:14:30
131	Beth Bengier	F35	York Knavesmire Harriers	0:47:55	19:14:30
666	Mark Atkin	M40	Pocklington Runners	0:47:51	19:14:30
159	Adrian Greaves	M50	Pickering Running Club	0:47:49	19:15:00
380	Michael Hetherton	M70	Pickering Running Club	0:47:45	19:15:00
400	Hazel Hall	F35	York Triathlon Club	0:47:44	19:15:00
199	Alison Thornton	F45	Pocklington Runners	0:47:44	19:15:00
556	Scott Wray	M40	York Triathlon Club	0:47:42	19:15:00
75	Andy Lee	M	Tadcaster Harriers	0:47:42	19:15:00
77	Emily Kendra	F	Pocklington Runners	0:47:41	19:15:00
244	Jane Nodder	F55	York Knavesmire Harriers	0:47:41	19:15:00
564	Mark Thompson	M	York Postal Harriers	0:47:39	19:15:00
372	Sarah Thorne	F	York Knavesmire Harriers	0:47:36	19:15:00
79	Jet Jon Shepherd	F55	York Knavesmire Harriers	0:47:32	19:15:30
529	Alistair Kettlewell	M	York Acorn Running Club	0:47:31	19:15:30
336	Ian Ward	M60	Tadcaster Harriers	0:47:31	19:15:30
593	Rosemary Pauling	F	City of York AC	0:47:24	19:15:30
460	Abbie Hall	F	York Knavesmire Harriers	0:47:24	19:15:30
538	Adam Smith	M50	Tadcaster Harriers	0:47:21	19:15:30
171	Keith Oliver	M70	Pocklington Runners	0:47:20	19:15:30
553	Louise Venables	F35	York Knavesmire Harriers	0:47:19	19:15:30
293	Steve Middup	M50	Selby Striders	0:47:19	19:15:30
619	Nicholas Cousins	M50	Pickering Running Club	0:47:19	19:15:30
596	Gill Boynton	F55	York Acorn Running Club	0:47:13	19:16:00
387	Ian Jenkinson	M	York Knavesmire Harriers	0:47:08	19:16:00
369	Mark Estienne	M40	York Acorn Running Club	0:47:08	19:16:00
673	Sheila Capper	F45	Easingwold Running Club	0:47:06	19:16:00
58	Kate Osborn	F	York Knavesmire Harriers	0:47:02	19:16:00
571	Naomi Boynton	F	York Acorn Running Club	0:46:56	19:16:00
174	Jim Brayshaw	M40	Tadcaster Harriers	0:46:55	19:16:00
256	Mike Wilson	M50	Pickering Running Club	0:46:53	19:16:00
401	Adrian Craven	M40	Selby Striders	0:46:50	19:16:00
208	Marcus Bourne	M40	Pocklington Runners	0:46:49	19:16:00
299	Richard Freeman	M40	Easingwold Running Club	0:46:46	19:16:30
337	Matt Savory	M	Pocklington Runners	0:46:42	19:16:30
66	Paul Dykes	M	Tadcaster Harriers	0:46:39	19:16:30
117	Clare Rowntree	F	York Knavesmire Harriers	0:46:35	19:16:30

294	Brian Sharp	M50	York Knavesmire Harriers	0:46:34	19:16:30
20	Emma Simmons	F35	Pocklington Runners	0:46:33	19:16:30
12	Mark Robinson	M40	York Knavesmire Harriers	0:46:33	19:16:30
478	Chris Thompson	M50	York Postal Harriers	0:46:32	19:16:30
518	David Waddington	M50	Easingwold Running Club	0:46:32	19:16:30
308	Jason Platten	M	York Postal Harriers	0:46:28	19:16:30
579	Jess Green	F35	York Knavesmire Harriers	0:46:27	19:17:00
327	James Maxton	M40	York Knavesmire Harriers	0:46:26	19:17:00
489	Alistair McAndrew	M40	York Knavesmire Harriers	0:46:26	19:17:00
188	Vicky Green	F35	York Knavesmire Harriers	0:46:25	19:17:00
425	Paul Bergman	M50	Easingwold Running Club	0:46:23	19:17:00
340	Simon Howson	M40	Easingwold Running Club	0:46:23	19:17:00
632	Mark Wilson	M40	Selby Striders	0:46:22	19:17:00
457	Mike Smith	M50	York Knavesmire Harriers	0:46:21	19:17:00
635	Nigel Ramsden	M50	Easingwold Running Club	0:46:15	19:17:00
565	Hannah Slevin	F	City of York AC	0:46:07	19:17:00
627	Lee Fenlon	M	Selby Striders	0:46:07	19:17:30
653	Julie Lawn	F45	York Acorn Running Club	0:46:03	19:17:30
11	James Cadwallender	M40	Pocklington Runners	0:46:01	19:17:30
448	Jon Pinder	M	York Knavesmire Harriers	0:46:01	19:17:30
641	Cassie Holmes	F	York Knavesmire Harriers	0:46:01	19:17:30
225	Eleanor Eastwood	F35	Pocklington Runners	0:46:01	19:17:30
275	Zoe Davis	F35	York Knavesmire Harriers	0:45:59	19:17:30
395	Mark Laughton	M50	York Triathlon Club	0:45:56	19:17:30
55	Ian Smallwood	M50	York Acorn Running Club	0:45:56	19:17:30
568	Michael Raynes	M40	City of York AC	0:45:55	19:17:30
304	Rob White	M40	York Knavesmire Harriers	0:45:55	19:18:00
44	Phil Steel	M40	York Triathlon Club	0:45:54	19:18:00
634	Mundy Kilner	F35	Selby Striders	0:45:53	19:18:00
95	Richard Gover	M	York Acorn Running Club	0:45:48	19:18:00
611	David Leese	M	York Knavesmire Harriers	0:45:45	19:18:00
219	Andy Harvey	M50	Pickering Running Club	0:45:44	19:18:00
506	Liz Mould	F35	Tadcaster Harriers	0:45:43	19:18:00
485	Madeleine Foot	F	York Knavesmire Harriers	0:45:41	19:18:00
61	Megan Thomson	F	York Knavesmire Harriers	0:45:41	19:18:00
411	James Dawson	M40	Pocklington Runners	0:45:39	19:18:00
598	Orna O'Toole	F35	York Knavesmire Harriers	0:45:39	19:18:30
636	Russell Ridge	M	York Knavesmire Harriers	0:45:38	19:18:30
445	Jon Davies	M	York Postal Harriers	0:45:34	19:18:30
209	Nick Boyd	M40	Pocklington Runners	0:45:31	19:18:30
40	Andrew Clark	M	York Knavesmire Harriers	0:45:31	19:18:30
441	James Chambers	M	York Knavesmire Harriers	0:45:28	19:18:30
65	Ian Fairlamb	M40	York Knavesmire Harriers	0:45:26	19:18:30
415	Corrie Percival	F35	York Knavesmire Harriers	0:45:26	19:18:30
162	Chris Price	M50	York Acorn Running Club	0:45:21	19:18:30
621	Jonathan Fox	M	York Acorn Running Club	0:45:17	19:18:30
300	Ged Beall	M50	Tadcaster Harriers	0:45:15	19:19:00
276	Alistair Lunn	M	Easingwold Running Club	0:45:14	19:19:00

390	Tim Stead	M50	York Acorn Running Club	0:45:11	19:19:00
161	Stefan Durkin	M40	York Knavesmire Harriers	0:45:09	19:19:00
16	Andrew Green	M40	York Acorn Running Club	0:45:09	19:19:00
550	Jamie Bolton	M	York Knavesmire Harriers	0:45:07	19:19:00
539	Stephen Jobson	M50	York Knavesmire Harriers	0:45:05	19:19:00
23	Neil Musgrove	M	Selby Striders	0:45:02	19:19:00
453	Patrick Hough	M50	York Postal Harriers	0:45:01	19:19:00
339	Andrew Heather	M40	York Postal Harriers	0:45:00	19:19:00
501	Stephen Porritt	M	York Triathlon Club	0:44:59	19:19:30
570	Robert Fox	M	City of York AC	0:44:58	19:19:30
290	Sharon Lynn	F35	York Acorn Running Club	0:44:56	19:19:30
649	Richard Knott	M50	Easingwold Running Club	0:44:56	19:19:30
704	Davide Di Maio	M40	Easingwold Running Club	0:44:53	19:19:30
165	John Gray	M50	York Knavesmire Harriers	0:44:52	19:19:30
561	Gavin Thomas	M40	York Knavesmire Harriers	0:44:51	19:19:30
566	Samuel Simpson	M	York Knavesmire Harriers	0:44:49	19:19:30
315	Craig Redmond	M	Tadcaster Harriers	0:44:49	19:19:30
203	Georgina Lundie	F35	Pocklington Runners	0:44:47	19:19:30
563	Stu McGarva	M	York Acorn Running Club	0:44:47	19:20:00
447	Thomas McCusker	M	York Knavesmire Harriers	0:44:46	19:20:00
442	Helen Young	F35	York Knavesmire Harriers	0:44:44	19:20:00
314	Rhys Gabb	M	Selby Striders	0:44:38	19:20:00
313	Dave Burrows	M	York Knavesmire Harriers	0:44:37	19:20:00
249	Chris Bush	M	York Postal Harriers	0:44:34	19:20:00
94	Katie Wise	F35	Pocklington Runners	0:44:33	19:20:00
467	Stephen Young	M40	York Postal Harriers	0:44:28	19:20:00
420	Andrew Lowson	M40	York Knavesmire Harriers	0:44:27	19:20:00
217	Chris Lancaster	M40	York Knavesmire Harriers	0:44:25	19:20:00
204	Peter Jackson	M40	Pocklington Runners	0:44:24	19:20:30
167	Mark Whitby	M50	York Postal Harriers	0:44:21	19:20:30
163	Chris Murphy	M	York Knavesmire Harriers	0:44:20	19:20:30
153	Don Formhals	M40	York Knavesmire Harriers	0:44:14	19:20:30
435	Christian White	M40	York Triathlon Club	0:44:14	19:20:30
135	Graham Frost	M40	Selby Striders	0:44:12	19:20:30
630	Tom Sinclair	M	York Knavesmire Harriers	0:44:11	19:20:30
684	Marie Murtagh	F35	Easingwold Running Club	0:44:11	19:20:30
145	John Netherway	M40	Tadcaster Harriers	0:44:10	19:20:30
190	John Bevan	M50	York Knavesmire Harriers	0:44:06	19:20:30
382	Matthew Brown	M40	York Acorn Running Club	0:44:03	19:21:00
650	Dylan Wilson	M	York Knavesmire Harriers	0:44:03	19:21:00
103	Jonathan O'Neill	M50	York Knavesmire Harriers	0:43:59	19:21:00
70	Ian Saynor	M40	Tadcaster Harriers	0:43:50	19:21:00
312	Tim Cowham	M40	York Knavesmire Harriers	0:43:43	19:21:00
513	Jarrad Englestown	M	Selby Striders	0:43:42	19:21:00
492	Peter Hanson	M50	City of York AC	0:43:41	19:21:00
502	Stephen Robson	M	York Knavesmire Harriers	0:43:38	19:21:00
625	Tim Buckley	M	York Knavesmire Harriers	0:43:37	19:21:00
678	Gavin Sullivan	M	York Knavesmire Harriers	0:43:37	19:21:00

116	Graham Gill	M	York Knavesmire Harriers	0:43:27	19:21:30
192	Andrew Tomlinson	M	York Knavesmire Harriers	0:43:27	19:21:30
554	Stephen Peters	M40	York Knavesmire Harriers	0:43:27	19:21:30
99	Matthew Bessey	M	Easingwold Running Club	0:43:25	19:21:30
330	Stuart Fox	M	Selby Striders	0:43:25	19:21:30
13	Mike Pullon	M50	Pocklington Runners	0:43:25	19:21:30
546	Jonathan Smithey	M	York Postal Harriers	0:43:23	19:21:30
196	Paul Robinson	M60	Pickering Running Club	0:43:22	19:21:30
643	Oli Read	M	York Knavesmire Harriers	0:43:14	19:21:30
618	William Torgerson	M	City of York AC	0:43:05	19:21:30
25	Karl Humphreys	M40	York Knavesmire Harriers	0:43:04	19:22:00
525	Simon Walton	M	York Knavesmire Harriers	0:43:02	19:22:00
473	John Iredale	M60	York Knavesmire Harriers	0:42:59	19:22:00
118	Geoff Marchment	M	York Knavesmire Harriers	0:42:59	19:22:00
455	Darren Glen Baker	M50	York Postal Harriers	0:42:57	19:22:00
111	Laura Schofield	F	York Knavesmire Harriers	0:42:53	19:22:00
278	Katy Lee	F35	York Knavesmire Harriers	0:42:53	19:22:00
631	Alan Joyce	M	York Postal Harriers	0:42:52	19:22:00
526	Natalie Greaves	F	York Knavesmire Harriers	0:42:49	19:22:00
612	Darren Noyland	M40	York Knavesmire Harriers	0:42:43	19:22:00
234	David Rowe	M40	Tadcaster Harriers	0:42:40	19:22:30
291	Sam Lynn	M40	York Postal Harriers	0:42:39	19:22:30
251	Charles Corbett	M40	York Knavesmire Harriers	0:42:39	19:22:30
21	Scott Hayes	M40	Tadcaster Harriers	0:42:38	19:22:30
480	Jonathan Melling	M	Pocklington Runners	0:42:36	19:22:30
468	Richard Harrison	M40	Selby Striders	0:42:36	19:22:30
495	Richard Penny	M50	Tadcaster Harriers	0:42:36	19:22:30
147	Stephen Clarke	M50	York Knavesmire Harriers	0:42:26	19:22:30
459	Jason Newman	M	York Knavesmire Harriers	0:42:24	19:22:30
688	Ian Swannell	M40	Easingwold Running Club	0:42:24	19:22:30
151	Anna Blackwell	F35	York Knavesmire Harriers	0:42:21	19:23:00
182	Ewan Cochrane	M	York Knavesmire Harriers	0:42:21	19:23:00
589	Howard Thompson	M60	Easingwold Running Club	0:42:15	19:23:00
470	Andrew Cooper	M	Tadcaster Harriers	0:42:15	19:23:00
476	David Lancaster	M60	York Acorn Running Club	0:42:13	19:23:00
701	David Topham	M	York Triathlon Club	0:42:13	19:23:00
689	Tom Boyle	M	York Postal Harriers	0:42:08	19:23:00
175	Samantha Davies	F35	Easingwold Running Club	0:42:02	19:23:00
520	Richard Walker	M50	York Knavesmire Harriers	0:41:57	19:23:00
122	Stuart Baker	M	York Postal Harriers	0:41:54	19:23:00
366	Bill Shively	M50	York Postal Harriers	0:41:50	19:23:30
675	Gabriel Hanifian	M	City of York AC	0:41:48	19:23:30
10	Warwick Anderson	M40	Pocklington Runners	0:41:48	19:23:30
686	Thomas Cassidy	M	City of York AC	0:41:43	19:23:30
646	Patrick Good	M	Easingwold Running Club	0:41:42	19:23:30
567	Philip Richardson	M	York Knavesmire Harriers	0:41:41	19:23:30
536	Lewis Bellwood	M	City of York AC	0:41:41	19:23:30
236	Richard Tarrega	M	York Knavesmire Harriers	0:41:31	19:23:30

474	Nick Elliott	M50	City of York AC	0:41:31	19:23:30
226	Paul Eastwood	M40	Pocklington Runners	0:41:30	19:23:30
670	Aoife Burke	F	York Knavesmire Harriers	0:41:26	19:24:00
587	Martin Lawn	M50	York Acorn Running Club	0:41:26	19:24:00
152	Graham Justice	M50	Pocklington Runners	0:41:26	19:24:00
393	Lucy Pinder	F35	York Knavesmire Harriers	0:41:21	19:24:00
705	Craig Gath	M40	Easingwold Running Club	0:41:20	19:24:00
375	Emily Baines	F	York Knavesmire Harriers	0:41:15	19:24:00
427	Matthew Mills	M	York Acorn Running Club	0:41:14	19:24:00
620	Olivia Mann	F	City of York AC	0:40:57	19:24:00
622	Stephan Tomaszewski	M50	Easingwold Running Club	0:40:56	19:24:00
592	Daniel Clayton	M40	York Postal Harriers	0:40:55	19:24:00
488	Tim Mckenzie	M	York Knavesmire Harriers	0:40:49	19:24:30
465	Wesley Possible	M	City of York AC	0:40:47	19:24:30
59	Luke Osborn	M	York Knavesmire Harriers	0:40:46	19:24:30
503	Mark Whiteman	M50	Easingwold Running Club	0:40:45	19:24:30
542	Edward Dunn	M	City of York AC	0:40:44	19:24:30
679	Steve Boynton	M60	York Acorn Running Club	0:40:43	19:24:30
355	Sarah Attwood	F35	York Knavesmire Harriers	0:40:32	19:24:30
100	Simon Middleton	M40	York Postal Harriers	0:40:30	19:24:30
247	Garry Tew	M	York Knavesmire Harriers	0:40:25	19:24:30
534	Stuart Leslie	M	York Knavesmire Harriers	0:40:24	19:24:30
379	Gareth Burrow	M40	York Knavesmire Harriers	0:40:23	19:25:00
168	David Bannister	M40	York Acorn Running Club	0:40:22	19:25:00
92	Richard Bray	M40	York Postal Harriers	0:40:21	19:25:00
402	John Cooper	M50	York Acorn Running Club	0:40:21	19:25:00
443	Matthew Smithson	M40	York Acorn Running Club	0:40:18	19:25:00
504	Nik Tarrega	F	York Knavesmire Harriers	0:40:12	19:25:00
67	Adam Hartley	M	York Triathlon Club	0:39:59	19:25:00
335	Rory Henderson	M	York Knavesmire Harriers	0:39:59	19:25:00
254	Dave Baxter	M	Tadcaster Harriers	0:39:58	19:25:00
399	Danny Chan	M40	York Knavesmire Harriers	0:39:57	19:25:00
423	Wayne Fennell	M	Selby Striders	0:39:57	19:25:30
322	Simon Partridge	M40	York Postal Harriers	0:39:56	19:25:30
3	Colin Fletcher	M50	Easingwold Running Club	0:39:56	19:25:30
332	David Stainthorpe	M40	Selby Striders	0:39:54	19:25:30
347	Adrian Gunn	M	York Acorn Running Club	0:39:45	19:25:30
458	Jessica Troy	F	City of York AC	0:39:44	19:25:30
346	Stewart Creasey	M	York Knavesmire Harriers	0:39:42	19:25:30
353	Michael Hemsworth	M	York Knavesmire Harriers	0:39:40	19:25:30
451	Tom Craven	M	York Acorn Running Club	0:39:39	19:25:30
4	Robert Ward	M40	York Knavesmire Harriers	0:39:36	19:25:30
422	Nicholas Tate	M	Selby Striders	0:39:33	19:26:00
241	Michael Smith	M	Pocklington Runners	0:39:32	19:26:00
169	Darren Ball	M50	Pocklington Runners	0:39:32	19:26:00
81	Glen Johnson	M50	Tadcaster Harriers	0:39:30	19:26:00
535	Adrian Stipetic	M	York Knavesmire Harriers	0:39:28	19:26:00
202	Tristan Featherby	M	Pocklington Runners	0:39:26	19:26:00

259	Glynn Ellwood	M	York Postal Harriers	0:39:26	19:26:00
508	Neil King	M40	Easingwold Running Club	0:39:15	19:26:00
397	Neil Strange	M50	York Knavesmire Harriers	0:39:14	19:26:00
305	Victoria Sewell	F	York Knavesmire Harriers	0:39:08	19:26:00
352	Marc Pearson	M	York Postal Harriers	0:39:05	19:26:30
321	Chad Bullivant	M	York Triathlon Club	0:39:01	19:26:30
212	Ed Mezzetti	M	City of York AC	0:39:01	19:26:30
338	Peter Walker	M	York Knavesmire Harriers	0:38:58	19:26:30
519	Steve Loseby	M50	Easingwold Running Club	0:38:58	19:26:30
573	Simon Tordoff	M40	Tadcaster Harriers	0:38:52	19:26:30
227	Daniel Eastwood	M	Pocklington Runners	0:38:50	19:26:30
64	Andrew Sloan	M40	Tadcaster Harriers	0:38:47	19:26:30
374	Peter Allen	M	Pickering Running Club	0:38:47	19:26:30
279	Alex Young	M	Tadcaster Harriers	0:38:45	19:26:30
383	Kieron Brown	M	York Acorn Running Club	0:38:44	19:27:00
533	Michael Grimwood	M	York Acorn Running Club	0:38:42	19:27:00
514	Tom Ratcliffe	M	York Knavesmire Harriers	0:38:41	19:27:00
512	Laurence Griffin	M	York Knavesmire Harriers	0:38:39	19:27:00
487	Steven Worth	M	Pocklington Runners	0:38:38	19:27:00
134	Robin Lavin	M	York Triathlon Club	0:38:36	19:27:00
35	Paul Hatfield	M	York Postal Harriers	0:38:33	19:27:00
368	David Turnbull	M	York Knavesmire Harriers	0:38:29	19:27:00
463	Barry Atkinson	M50	York Knavesmire Harriers	0:38:28	19:27:00
623	Charlotte Mason	F	City of York AC	0:38:28	19:27:00
682	Michael Carricker	M40	York Acorn Running Club	0:38:27	19:27:30
47	Carl Ward	M40	Selby Striders	0:38:27	19:27:30
164	Giles Hawking	M40	York Knavesmire Harriers	0:38:19	19:27:30
430	Cameron Choules	M40	Easingwold Running Club	0:38:17	19:27:30
197	Simon Jones	M40	Pickering Running Club	0:38:15	19:27:30
524	Lee Metcalfe	M40	York Knavesmire Harriers	0:38:08	19:27:30
215	Richard Ginn	M40	Pocklington Runners	0:38:07	19:27:30
170	Edward Hooper	M	York Knavesmire Harriers	0:38:00	19:27:30
475	Alex Boynton	M	City of York AC	0:38:00	19:27:30
329	Mark Dowson	M40	York Acorn Running Club	0:38:00	19:27:30
613	Emma Ballantyne	F	City of York AC	0:37:53	19:28:00
484	Peter Ellis	M	City of York AC	0:37:53	19:28:00
257	Ian Robertson	M40	Selby Striders	0:37:51	19:28:00
132	Geoff Wynn	M	York Triathlon Club	0:37:50	19:28:00
597	Tim Boynton	M	York Acorn Running Club	0:37:44	19:28:00
664	Daniel Figg	M	City of York AC	0:37:33	19:28:00
306	Ewan Sewell	M	York Knavesmire Harriers	0:37:07	19:28:00
229	Simon Collins	M	York Knavesmire Harriers	0:37:06	19:28:00
450	Stephen Maddison	M40	York Knavesmire Harriers	0:37:03	19:28:00
640	Mark Fitzpatrick	M40	City of York AC	0:36:58	19:28:00
270	Shaun Lawson	M	Easingwold Running Club	0:36:56	19:28:30
185	Stuart Smith	M40	Pocklington Runners	0:36:56	19:28:30
600	Jelle Vinkenoog	M	City of York AC	0:36:55	19:28:30
639	Juan Frias	M	York Knavesmire Harriers	0:36:55	19:28:30

497	Charlie Green	M	City of York AC	0:36:54	19:28:30
655	George Mallinson	M	City of York AC	0:36:53	19:28:30
177	Russell Bowry	M	York Knavesmire Harriers	0:36:44	19:28:30
32	Adam Raffell	M	York Triathlon Club	0:36:37	19:28:30
578	Scott Taylor	M	City of York AC	0:36:36	19:28:30
702	Liam Medley	M	City of York AC	0:36:27	19:28:30
320	Nick Zissler	M	York Knavesmire Harriers	0:36:12	19:29:00
490	Robin Stacey	M	York Acorn Running Club	0:36:10	19:29:00
9	Richard Purser	M	York Knavesmire Harriers	0:36:04	19:29:00
541	Noah Howlett	M	City of York AC	0:35:57	19:29:00
522	Philip Graves	M	York Knavesmire Harriers	0:35:36	19:29:00
444	Paul Whitaker	M40	York Acorn Running Club	0:35:27	19:29:00
700	Ian Ellwood	M	York Postal Harriers	0:35:02	19:29:00
648	George Cook	M	City of York AC	0:34:58	19:29:30
140	Chris Poulton	M	York Acorn Running Club	0:34:55	19:29:30
89	Gareth Green	M40	York Knavesmire Harriers	0:34:42	19:29:30
396	Stuart Grange	M	York Knavesmire Harriers	0:34:35	19:29:30
341	Kim Critchley	M40	York Knavesmire Harriers	0:34:11	19:29:30